

# Challenge: Shrinking Island!

This challenge is a really fun game to play with your family, even just two of you! We've borrowed the idea from our fabulous friends at CU Scotland who are amazing at creating challenges for CU members in Scotland! You don't need much equipment or space. However, you do need some great leadership skills as you'll be the one trying to come up with ways to solve the challenge as it gets harder and harder the further you go. So, will you be able to encourage your team members? Will you need to explain your plans again in different ways so that everyone understands? How will you encourage them? How will you solve problems? Ready to be stranded on a shrinking island? Then let's go...

## You will need:

- Friends or family
- Something to mark out a ring shape

**Step 1:** Gather your team members – it might just be two of you (make sure you're following social distancing rules!) and explain the game.

**Step 2:** Find something in your home that you could use to mark out the circular shape of your island. It could be some string, rope, ribbon, skipping rope, a blanket or even some clothing that you could lay out in a ring.

**Step 3:** Find a space where you'll have plenty of room and use your item/s to mark out a ring shape. This is your 'island'. Now, the aim of the game is to ensure everyone in your team can stay on the island...after all, we don't want them getting washed out to the shark-infested sea do we?! Easy isn't it?

**Step 4:** The tide is coming in! Now move your island outline in a little, so the space in the ring becomes smaller. Are all your team still able to stay safe on the island? Great! Repeat the step so your island becomes even smaller! Keep going until it's really small!

**Step 5:** As the size of your island shrinks, you might need to be more and more creative about how you can work together as a team to keep everyone safe on your island! How many times will you be able to make your island smaller before someone falls in the sea? How effective were your leadership skills? Did you team work well together? Why not repeat the game with a bigger group of people (when you can!).



## Which skills will I be developing?

### Main



### Additional



Skills Builder  
PARTNERSHIP

