

# Challenge: Share the Love

14<sup>th</sup> February is known as Valentine's Day and is traditionally the day that many people show how much they love others. The history of Valentine's Day is unclear – there are lots of different stories about who 'Valentine' was and why the day came to be named after them. But what we do know is that it's always good to show people how much they mean to you. It doesn't have to be with large, expensive presents either! A simple note, a card, a letter, a message or even an email goes a long way to brightening up someone's day.

**You will need: (all optional)**

- Paper, pencil, colouring pens
- Phone or camera

But this challenge is all about telling someone why they're important to you, what makes them special to you. Perhaps it's a parent or someone else who looks after you? Maybe it's a brother or sister, auntie or uncle, grandparent, or another member of your family? It could even be a friend. So, get creative and think about why they're special to you – what is it that you love about them? You might want to say thank you for something too? This challenge will help you get all your ideas together and maybe even use your speaking skills to tell them how much you love them!

**Step 1:** Decide who your Valentine's message will be for, then think about WHY you want to give the message to them. You might want to brainstorm a few ideas first?

**Step 2:** Think about HOW you'll tell them all those wonderful things. Will you write a poem? Could you draw a picture of them and write all your thoughts around the edge? Will you make a Valentine's Card for them (you could make a card like this at any time of the year though)? Have a look here for some good ideas...

<https://www.redtedart.com/14-valentines-cards-for-kids>



**Step 3:** Maybe you could ask an adult to help you record your message on a phone, maybe even a video message? Think about what you'll say – you could read your poem if you've written one, or even just a simple message about why they're special to you. Make sure you speak slowly and clearly – we don't want them to miss your special message!

**Step 4:** Make sure you give or send your Valentine's message to your special person. You could post a poem, picture, or card to them, or if you've created a video or sound message, ask your adult to send it to the other person.

## Which skills will I be developing?

### Main



### Additional



Skills Builder  
PARTNERSHIP

