

Challenge: Reuse or Recycle

January is a great time for a Spring clean – having a good sort out helps you keep a clean and tidy space as well as it being a good activity to clear your mind too! Perfect for a brand new year! But before we all go sorting through and throwing away, we'd like you to think about how we can reuse or recycle things to help others as well as ways which we can help the planet.

You might have received some Christmas cards in December, so before you simply throw them all away, can you reuse them? Often, there are lovely pictures on the front, or beautiful lettering – it seems a shame to throw them away. Or are there items of your clothing that don't fit any more, but they're still in good condition? How might you be able to make sure these items help other people? Here's a challenge to get you thinking 'green' about reusing or recycling items.

You will need:
- Items to reuse or recycle
- Paper or card, pencils, colouring pens, glue, etc.

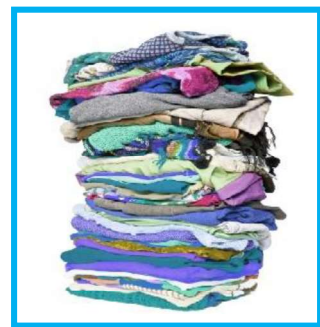
Step 1: Ask an adult to save any Christmas cards that were sent to you by other people – after all, you'll not need them again! Can you cut out the pictures from the front and turn them into gift tags to use next year? Where will you put them for safe keeping? Could you use the pictures and stick them onto new paper or card and turn them into 'thank you' notes? You could send them to friends and family, thanking them for presents they might have sent to you for Christmas. By doing this, you'll help the environment by using things more than once.



Step 2: Ask an adult to help you look through clothing to see if there are any items which you no longer fit into, but ones which are still in good condition. If you do have any, why not bag them all up and give them to a charity? They'll make sure they are given to families or children who need them. Ask an adult to look on social media pages or websites to find details of local charities or clothing banks (they work like food banks!) If they're open, charity shops are a great way to donate the things you don't want or need any more. They can sell the clothes and the money they make from the sale will be sent to help people do all kinds of great things. It might be research into illnesses or diseases, helping children in other countries have clean water to drink, maybe even to help look after animals such as cats and dogs until they are adopted. Isn't it great to know that you're able to help in this way?



Step 3: Ask an adult to help you think about whether there other things that you could reuse or recycle? Why not see if any of your friends or other family members can get involved too? Make sure you explain why it's important to reuse and recycle!



Which skills will I be developing?

Main



Additional



